

## Our Partners

- Alberta Health Services
- Alberta Education
- Independent Schools Advisory Group
- Renfrew Educational Services
- Family Psychology Centre
- Almadina Language Charter Academy
- Calgary Islamic School
- Access Mental Health
- Child & Family Services
- Calgary Refugee Health Program



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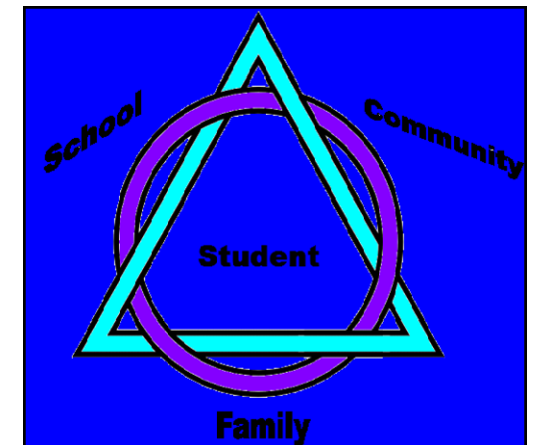
School Support Counsellor

**Abubaker Hadi**

School Support Counsellor

**Transitions Project:  
A Wellness  
Empowerment Program**

**“Building Capacity in  
Children, Families, and  
Schools”**



**Program Mission Statement:**  
**“Together with schools, families  
and community partners, we  
create increased opportunities  
for students to achieve their full  
potential”**

## Direct Service:

- ✦ Individual and/or group counselling
- ✦ practical support for families wishing to link with health care providers, public education and community agencies
- ✦ increased support for students making transitions from junior high to high school
- ✦ increased support for adolescent and pre-adolescent students
- ✦ support to promote of healthy living and healthy/positive life choices

## Capacity Building:

- ✦ education for school staff on issues related to child development
- ✦ skill development for school staff to support students and make referrals
- ✦ education for parents
- ✦ development of pathways to resources for daily living (i.e., recreation, child care, primary health care, translation services)

## Services:

Skill development groups for students.  
Possible topics include:

- ✦ Self management
- ✦ Social skills
- ✦ Positive peer relationships
- ✦ Respectful relationships
- ✦ Personal resilience
- ✦ Success in the Canadian education system

## Services (continued):

Educational seminars for parents. Possible topics include:

- ✦ Positive parenting/communication
- ✦ Parenting teens in a complex world
- ✦ Developmental strategies to create healthy and resilient children
- ✦ Assisting students with attention, concentration, and focus
- ✦ acculturation
- ✦ Success in the Canadian education system

Training and consultation for school personnel on topics such as:

- ✦ Communication skills with troubled children and youth
- ✦ Assisting teachers with identifying the variety of profiles presented by children
- ✦ Supporting students whose attention and concentration impact academic performance
- ✦ Peer mediation
- ✦ Management strategies for oppositional youth
- ✦ Community resources
- ✦ Crisis intervention
- ✦ Academic and social worries

## Schools:

[Almadina Language Charter Academy](#) is a public language school of parental choice in operation since 1996, providing instruction to students from ECS to Grade 9. Their students are either first, second or third generation Canadians. Generally, they live in a home setting where the first language is not English. School community languages include Arabic, Urdu, and Somali.

[The Calgary Islamic School](#) is an independent school in operation since 1992, providing instruction to students from ECS to Grade 9, which incorporates "Faith, Knowledge and Creativity." In addition to the regular curriculum, the school delivers instruction in Arabic language, Islamic studies curriculum, and Quran recitation and memorization to "develop the full potential of our Calgarian Muslim children..." and "... to develop human personalities of high moral character and conduct."

**THE PROGRAM IS  
RESPONSIVE TO THE  
CHANGING NEEDS  
IDENTIFIED BY  
FAMILIES AND SCHOOLS.**