

Crisis Services

The Distress Centre266-1605
(24 hour – 7 days a week crisis and suicide line)

Wood’s Community Resource Team299-9699
(24 hour – 7 days a week telephone and mobile support service)

Alberta Children’s Hospital Emergency229-7070
(Children 13 and under – crisis situations)

Social Services Response Team297-2995
(24 hour – 7 days a week central intake line for emergency child welfare and family enhancement services)

Kids Help Phone 1-800-668-6868
(24 hour – 7 days a week support line for children and adolescents)

Parent Help Line..... 1-888-603-9100
(24 hour – 7 days a week support line for parents)

Calgary Communities Against Sexual Abuse237-5888
(24 hour – 7 days a week crisis line)

Take an adolescent who requires emergency Mental Health Care to the hospital nearest you.

Foothills Hospital Emergency.....944-1315

Peter Lougheed Emergency943-3450

Rockyview Hospital Emergency943-3449

8th and 8th Health Centre..... 781-1200

General Counseling Services

Eastside/Westside Family Centre (Walk-In Clinic)299-4102

Calgary Family Services269-9888

Catholic Family Services.....233-2360

Calgary Counseling Centre